

Connie Bonner-Britt

Reiki Master

Studying Reiki since 2000

Rei(Spirit/Spiritual/Universal) Ki(Energy)



*Schedule a Reiki Treatment or an Attunement
for a Tuesday or Wednesday afternoon.*

*Call Connie at: **360-542-6895***

Painting- Jenna Gomez

Reiki is Universal Life Force Energy and is also a system of healing that originating in Japan. The living body, (human or animal), radiates warmth and energy. This energy is Universal Life Force Energy. It has many names, (Ki, Chi, Prana, Mana, original energy, vital essence and the animating energy of the universe. It is formless, yet all form is created from it. It is our essential spiritual nature. Reiki draws on Chakra knowledge and is a form of hands on healing. It is more than a simple healing method that abates unpleasant physical symptoms. It is a tool that can be used to open up all areas of your life. Reiki accelerates the process of spiritual maturity and nurtures and balances our physical beings.

Reiki is not reliant upon any particular belief system, religion, or spiritual belief. To benefit from Reiki it is very important for the receiver to play an active role in the nurturance of his or her own spiritual, mental, emotional, and physical health.

The receiver and the Reiki practitioner are merely conduits for the divine healing.

You and I don't do the healing, God does.

Connie uses Aroma Therapy and Bach Flower Healers as part of her Reiki Practice.